

**Mount Holyoke College  
2009 Girls' Soccer Clinic**

**Application**

Participant's Name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade in Spring, 2009: \_\_\_\_\_

School: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone (H): \_\_\_\_\_

Phone (C): \_\_\_\_\_

E-mail address \_\_\_\_\_

Additional Emergency Contact/Relationship:  
\_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone (H): \_\_\_\_\_

Phone (C): \_\_\_\_\_

**Make checks payable to: *Mount Holyoke College***

\_\_\_\_\_ Enclosed is \$50 for 4 sessions

\_\_\_\_\_ Enclosed is \$15 x \_\_\_\_\_ sessions = \$ \_\_\_\_\_

\_\_\_\_\_ Enclosed is \$15 (single session)

**Mail application and payment to:**

Kanae Haneishi, Soccer Coach

Mount Holyoke College

Kendall Hall

50 College Street,

South Hadley, MA 01075

Mount Holyoke College  
2009 Girls' Soccer Clinic  
50 College Street, Kendall Hall  
South Hadley, MA 01075

**MOUNT HOLYOKE**

**SOCCER**

**Girls Soccer Clinics**  
*Age 10 ~ High School*



**Saturdays,**  
**February 21 & 28,**  
**2009**





# MOUNT HOLYOKE GIRLS SOCCER CLINIC 2009

## CLINIC SESSION

**Saturday, February 21 (Session 1 & 2)**

**Saturday, February 28 (Session 3 & 4)**

*Morning Sessions (1 & 3)- 10:30am-Noon*

*Afternoon Sessions (2 & 4)- 1:00-2:30pm*

## ELIGIBILITY

Open to Girls Age 10 through

High school seniors

*Participants will be placed in divisions*

*based on age and ability*

## LOCATION

Mount Holyoke College

Kendall Athletic Complex Field House

(on the Indoor Tennis Court)

## REGISTRATION

Pre-Registration is highly recommended

15 min before each clinic session

At Kendall Hall Field House

\*Waiver will be sent following receipt of your application and must be completed prior to the clinic session.

## COST

**\$15 for single session**

**\$50 for Four sessions**

**For more information or any questions, please call or write to Kanae Haneishi:**

(413) 538-2112

khaneish@mtholyoke.edu

## WHAT TO BRING

Appropriate soccer foot wear for indoor facility (running shoes, indoor shoes..etc), exercise clothes

Water Bottle

**\*\*Bring lunch if you will participate both morning and afternoon sessions.**

**Lunch will be at FH lounge**



## CLINIC OBJECTIVES

To develop solid fundamental soccer skills as well as tactical abilities (i.e., decision making) in relation to various situations that could occur in a game.

To have fun and be competitive.

## CLINIC FEATURES

- High quality instruction by Mount Holyoke coach, soccer players, licensed coaches
- Small sized and individualized clinic focusing on individual technical and tactical skills
- Games-centered approach to develop skills which can be utilized in the game situation

## CLINIC INSTRUCTOR:

### **KANAE HANEISHI**

Kanae Haneishi is the head soccer coach at Mount Holyoke College. She served as Head Coach of Western United FC 17-18 Girls in 2005-07 and won the MA state final four. She also served as Assistant Coach at Smith College (2005-07) as well as University of Memphis (2003-05). She won a Silver Medal with the Japanese National Team in World University Games in 2003, won NCAA Division II National Championship and Outstanding defensive player of the National Tournament in 2002. She currently plays for a semi-pro team in NYC, New York Magic, as a captain and has worked various soccer camps and clinic nationally and internationally.

## CLINIC ASSISTANTS:

**Mount Holyoke Soccer Assistant Coaches**

**Mount Holyoke College Soccer Players:**

**NEWMAC All-Conference team players**

**NEWMAC Rookie of the Year**

**HS State Champions/ HS Regional Champs**

## EXAMPLES OF SKILLS

## & TACTICS COVERED

### **OFFENSIVE & DEFENSIVE FILED PLAYER**

Fundamental Skills      One on One

Possession      Support &Mark      Crosses

Off –the ball movement      Conditioning

### **GOAL KEEPER**

Fundamental Skills      Communication (Talking)

Distribution      Decision-Making