



"I learned that sustainable living is more than sustainable, it's life enhancing!"
 - Living Routes Alumnus 2002



Academic courses take place in outdoor classrooms

India

Sustainability in Practice in Auroville

Fall/Spring Semesters

Study abroad in India, build ecological skills and learn about Indian and community culture in Auroville - "a city the earth needs" based on the tropical coast of Tamil Nadu. Examine and build field experience in habitat protection, systems thinking, and ecological literacy in one of the world's largest and most diverse Ecovillages. Design and complete an internship in green building, renewable energy systems, reforestation, literacy or another topic of interest, and take part in holistic living practices.



Internships include organic gardening, sustainable development, teaching, and many more

Field Study

- ☼ Engage in a week-long Orientation at Sirius Community, an Ecovillage in western Massachusetts
- ☼ Visit cultural and ecological sites including Periyar Wildlife Sanctuary and Mitraniketan, a Gandhian community in Kerala
- ☼ Explore Hampi and engage in a 40-hour wilderness solo process of self-inquiry and reflection
- ☼ Overnight at Sri Ramanamaharshi's ashram and climb Arunchala Mountain, locally believed to be the body of the Hindu god Shiva

Academic Credit and Program Dates

Earn 12-16 transferable credits through University of New Hampshire

Spring January 26 - May 8 (approximate)

Fall September 5 - December 15 (approximate)

Auroville as "Ecovillage"

Founded in 1968 with the intention of realizing human unity, Auroville is now home to approximately 2,000 individuals from over 40 nations around the world. Inspired by the vision of Mira Alfassa (a.k.a. the "Mother"), and the great Indian activist/mystic, Sri Aurobindo, Auroville is an international township which aims to sustainably support 50,000 people. The community is a pioneer in many emerging fields such as reforestation and habitat restoration, appropriate technology, alternative building, organic farming, educational projects, and more. Auroville offers an integrated model of sustainable and spiritual living for the 21st century that unites ecological, socio-cultural, and contemplative practices.



Mindfulness practices help students cultivate personal sustainability

Application Deadlines (suggested, contact us for late availability)

Fall April 15

Spring October 30

Cost

Tuition, program costs, room and board, in-country travel \$10,750

Faculty

Nicki Duenkel, Ph.D., Outdoor & Environmental Leadership, Senior Faculty with Audubon Expedition Institute, and leadership facilitator and wilderness guide

Judy Pratt, M.Ed., Counseling Psychology, long-term Senior Field Faculty with Audubon Expedition Institute and Adjunct Faculty at Lesley College, MA

Wim Aspeslagh, M.A., International Studies, U. of Oregon; 6-time lead faculty

Courses

Studies in Sustainable Community Design (EC 671) 4 cr

Learn to recognize and analyze the physical, social, economic, political, ethical, and spiritual elements that make up sustainable communities. Students build strong conceptual frameworks and have opportunities for real-world experience by developing a learning community and engaging with established host communities.

Human Relationships with their Environments (EC 672) 4 cr

Study the role of human history, language, education, physical landscape, society, and worldview on shaping human-place relations. Try out ways of strengthening these connections through use of ecological footprint analysis, ecological literacy, mindful awareness, community/societal action, and systems thinking.

Internship in Sustainable Development (EC 672) 4 cr

This field-based experience, combined with readings, dialogue, reflection and a project paper, introduces you to the history, methods, and meanings of sustainable development. Students select, implement, record, and evaluate an internship project in sustainable development during their ten-week stay in Auroville, India.

Body, Mind, and Spirit: Cultivating Personal Sustainability *

Explore how the stories, myths, education, upbringing, and lifestyles of your culture has shaped your worldviews. Develop a range of daily and weekly practices that support a deeper inquiry into the essence of your being.