EXAMPLES FROM MEASURES

Parental Authority Questionnaire (PAQ, after Buri, 1991)

10 items for each of 4 parenting styles, rated on 5-point Likert scales, separately for mother and father

**Authoritativeness:**
My mother always encouraged verbal give-and-take whenever I felt that family rules and restrictions were unreasonable.

As I was growing up, my father directed the activities and decisions of the children in the family through reasoning and discipline.

**Authoritarianism:**
Whenever my mother told me to do something when I was growing up, she expected me to do it immediately without asking any questions.

As I was growing up I knew what my father expected of me in the family and he insisted that I conform to those expectations simply out of respect for his authority.

**Indulgent-Permissiveness:**
My mother has always felt that what children need is to be free to make up their own minds and to do what they want to do, even if this does not agree with what their parents might want.

Most of the time as I was growing up my father did what the children in the family wanted when making family decisions.

**Neglectful-Permissiveness (some of our additions):**
As I was growing up, my mother was uninvolved in my life and she took little notice in what I did.

My father was more interested in his own concerns than in my concerns.
EXAMPLES FROM MEASURES

Student Adaptation to College Questionnaire (SACQ, Baker & Siryk, 1989)

67 items, rated on 9-point Likert scales.

**Academic Adjustment:**
I have been keeping up to date on my academic work.
I have not been functioning well during examinations,

**Social Adjustment:**
I am very involved with social activities in college.
I have several close social ties at this college.

**Personal-Emotional Adjustment:**
I have been feeling tense or nervous lately.
I have been having a lot of headaches lately.

**Attachment [to college]/Goal-Commitment:**
Lately I have been having doubts regarding the value of a college education.
I wish I were at another college or university rather than this one.
EXAMPLES FROM MEASURES

Interpersonal Guilt Questionnaire (IGQ, O’Connor, et al)

67 items, rated on 5-point Likert scales

**Survival Guilt** (about **accomplishments**; **22 items**):

I am uncomfortable talking about my achievements in social situations.

It makes **me** very uncomfortable to receive better treatment than the people I am with.

**Separation Guilt** (15 items):

I feel that bad things happen to my family if I do not stay in close contact with them.

It is difficult to see my parents’ flaws.

I am very reluctant to express an opinion that is different from the opinions held by my family or friends.

**Omnipotence Guilt** (excessive responsibility for others; 14 items):

I worry about hurting other people’s feelings if I turn **down an** invitation from somebody who is eager for me to accept.

I worry **a lot about** the people I love even when they seem to be fine.

**Self-Hate Guilt** (about **being worthy**; 16 items):

I deserve to be rejected by people.

I feel there is something inherently **bad** about me.
Table. **Correlations Between Parenting Style Scores and Guilt Scales**

<table>
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<th></th>
<th>Surviv</th>
<th>Sep</th>
<th>Omnip</th>
<th>S/Hate</th>
<th>InGuilt</th>
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</table>

\(N = 141\) college women

parenting style scores (Buri measure, as modified):
- A’tative: Authoritative
- A’tarian: Authoritarian
- P-Indul: Permissive-Indulgent
- P-Neglect: Permissive-Neglectful

Interpersonal Guilt Questionnaire scales:
- Surviv: Survival Guilt
- Sep: Separation Guilt
- Omnip: Omnipotent Responsibility Guilt
- S/Hate: Self-Hate Guilt
- InGuilt: Interpersonal Guilt (Σ of all except S/Hate)

a < .0001
b < .001
c < .01
d < .05