SEXUAL ASSAULT

RESPONDING TO

As many as one in five female college students will experience sexual assault or rape. If it’s you or your friend, what are your options?

MOUNT HOLYOKE
PUBLIC SAFETY
1-911 on campus or
413-538-2304 or x2304

HEALTH CENTER
413-538-2242 or x2242

COUNSELING SERVICE
413-538-2037 or x2037

RESIDENTIAL LIFE
413-538-2088 or x2088

LOCAL POLICE AND EMERGENCY SERVICES
911 off campus

SOUTH HADLEY POLICE
911 in South Hadley or
413-538-8231

EVERYWOMAN'S CENTER 24/7 HOTLINE, UMASS AMHERST
413-545-0800

SEXUAL ASSAULT NURSE EXAMINER (SANE)
413-577-5000

SEXUAL ASSAULT HAPPENS. WHAT ARE YOUR OPTIONS?

If you experience a sexual assault or rape, for your safety and well-being you are encouraged to tell someone about it.

You have many choices about where to disclose this information and how to access services to help you. The purpose of this guide is to summarize the primary options available for Mount Holyoke College students.

Disclosing the rape or sexual assault to someone is the first step toward recovery. You are also encouraged to seek medical attention immediately to protect your health and well-being, whether or not you believe you have injuries.

Mount Holyoke College recognizes that sexual assault and rape occur in all types of relationships and does not discriminate in providing services for victims and survivors.
GETTING HELP AT MOUNT HOLYOKE

You can access help at Mount Holyoke after a sexual assault through the Department of Public Safety, the Health Center, the Counseling Service, or the Office of Residential Life. These departments will explain all of your options and will contact other departments at your request.

All services discussed in this guide are available at no charge to all Mount Holyoke students.

GETTING HELP FROM PUBLIC SAFETY

For immediate assistance after a sexual assault, you are encouraged to contact Mount Holyoke College Public Safety. Public Safety is available on campus 24 hours a day and can provide services immediately. A Public Safety officer will:

- **Encourage you to get immediate medical attention.** An officer from Public Safety will contact the on-call clinician and escort you to the Health Center or other medical facility for medical assessment and treatment of any injuries.

- **Arrange for you to see a Sexual Assault Nurse Examiner (SANE).** This examination includes collection and documentation of evidence to preserve your future legal options. An on-call nurse will provide the exam at UMass University Health Services or Cooley Dickinson Hospital. Public Safety will arrange for transportation to either location.

- **Advise you of on-campus options for counseling and other services** available through the Health Center, Counseling Service, Residential Life, Dean of Students, Academic Deans, and Religious and Spiritual Life.

- **Connect you to off-campus resources,** such as the Everywoman’s Center Counselor Advocate Program, Womanshelter/Compañeras, and the District Attorney’s Office for SAFEPLAN.
If you request, Public Safety will also investigate the incident and provide follow-up services. In its investigation of a sexual assault, Public Safety will assign an officer who has received special training in these matters. The officer will ask for a description of the assailant(s) at the time you report the sexual assault. During the investigation, the officer will ask you many questions and go over the details of the crime.

If necessary, Public Safety will provide liaison with the South Hadley Police Department, the Hampshire County District Attorney’s Office, and other local police departments, depending on where the sexual assault occurred.

All services discussed in this guide are available at no charge to all Mount Holyoke students.

Many investigations occur without criminal prosecution. If you choose to report the crime and the assailant is known, you may have the following judicial and/or criminal options:

**CAMPUS TRESPASS** If the assailant is not a member of the Mount Holyoke community, a trespass notice may be appropriate to prevent the person from entering the campus.

**CAMPUS SANCTIONS** If the assailant is another member of the Mount Holyoke community, you may opt to utilize campus sanctions. The Dean of Students will direct you to the appropriate resources for your situation.

**PROTECTIVE ORDER** If you and the assailant had a relationship such as dating or living together, you may be able to obtain a restraining order against that person.

**CRIMINAL COMPLAINT** The College—or in some cases you—may be able to request a criminal hearing, or an arrest may be made.
RESOURCES AT MOUNT HOLYOKE AVAILABLE DURING THE ACADEMIC YEAR

The following departments will help you access all campus and community services during the academic year. Public Safety is available 24 hours a day, 365 days a year. Availability of other departments will vary during vacations, summer, and January Term.

PUBLIC SAFETY
413-538-2304 or x2304 or 1-911 on campus
- Staff are on campus 24 hours a day.
- MHC anonymous reporting required.
- For online access to information, see the Mount Holyoke Sexual Assault Resource Guide at www.mtholyoke.edu/offices/dps/victim_witness/sexlasst.shtml.

HEALTH CENTER
413-538-2242 or x2242
- Staff are on call 24 hours a day.
- MHC anonymous reporting required.

COUNSELING SERVICE
413-538-2037 or x2037
- Staff are on call 24 hours a day.
- MHC anonymous reporting, not required.

RESIDENTIAL LIFE
413-538-2088 or x2088
- Staff are on call 24 hours a day.
- MHC anonymous reporting required.

OFF-CAMPUS RESOURCES

If you do not wish to use campus resources, you may also contact the following directly:

LOCAL POLICE AND EMERGENCY SERVICES
911 off campus
Services reached depend on your location and the phone from which the call originates.
SOUTH HADLEY POLICE
413-538-8231 or 911 in South Hadley
- If the incident occurred on the Mount Holyoke campus, you will be referred to Mount Holyoke Public Safety.

EVERYWOMAN’S CENTER 24/7 HOTLINE, UMASS AMHERST
413-545-0800
- Hotline is available 24 hours a day, 365 days a year.

SEXUAL ASSAULT NURSE EXAMINER (SANE)
413-577-5000
On-call nurse available at UMass Amherst or Cooley Dickinson Hospital, Northampton.

To preserve evidence, do not change clothes, bathe or shower, brush your hair or teeth, or apply medication or cosmetics prior to a medical exam.

GETTING HELP FROM OTHER DEPARTMENTS

In addition to the option of contacting Public Safety, you may choose to access help after a sexual assault through the Health Center, the Counseling Service, or the Office of Residential Life. These departments will explain all of your options and will contact other departments at your request.

The following specific services are available through the Health Center, Counseling Service, and Residential Life.

At the HEALTH CENTER, a nurse can:
- Provide emergency contraception (EC) up to 120 hours after the incident.
- Provide screening and treatment for sexually transmitted infections (STIs).
• Provide anonymous and confidential HIV testing and counseling.
• Screen for predatory drugs up to 96 hours after the incident.
• Contact Everywoman’s Center at UMass to arrange for a Counselor Advocate to provide you with support.
• Encourage you to seek further treatment through the Sexual Assault Nurse Examiner (SANE) program at UMass University Health Services or Cooley Dickinson Hospital. Public Safety will arrange for transportation to either location.
• In order to preserve evidence after a sexual assault it is important that you do not change your clothes, bathe or shower, brush your hair or teeth, or apply medication or cosmetics prior to any kind of medical exam.

At the COUNSELING SERVICE, a clinician can:
• Listen to you, validate your experience, and empower you with options.
• Offer crisis intervention and brief therapy to assist you in recovering from the trauma.
• Offer referral to other services including the Counselor Advocate Program at the UMass Everywoman’s Center.
• Provide you with information regarding the Sexual Assault Nurse Examiner (SANE) program.
• Offer support, counseling, and referral for others who may have been affected by the sexual assault such as friends, partners, and witnesses.

At RESIDENTIAL LIFE, a staff person can:
• Escort you to campus resources if needed.
• Discuss temporary housing assignments if the assault happened on campus, or if returning to your room is not an option.
• If you talk with a Hall President (HP) or Student Advisor (SA) they must contact an Assistant Director of Residential Life (AD), the Dean on Call, and/or Public Safety.
Additional Campus Resources

- If you have academic or personal issues related to a sexual assault that are not addressed by the services described in this guide, you are encouraged to contact other campus resources for assistance. These include the Dean of Students, Academic Deans, the Ombudsperson, and Religious and Spiritual Life.

Other Issues to Consider

Confidentiality

If you disclose a sexual assault to a Mount Holyoke staff member they must maintain confidentiality about the information to ensure your privacy and that of any witnesses. Departments may not release information without your explicit permission. You may allow Public Safety officers and other staff members to release your name to specific campus administrators or other agreed-upon resources so we can assist you in obtaining medical treatment, counseling, alternate housing, assistance with classes, and other necessary services. There are certain circumstances under which confidentiality cannot be maintained. These will be explained to you.

MHC Anonymous Reporting

If you disclose a sexual assault to a Mount Holyoke staff member they must report it using the “MHC Sexual Assault Centralized Report Form.” This form does not include your name. It includes only a minimal amount of general information about the sexual assault for federal Clery Act purposes. It is also included in statistics used to reduce the future incidence of such crimes. The only departments exempt from this requirement are the Counseling Service and Religious and Spiritual Life.
Prosecution

If you decide to make a sexual assault report to Public Safety this does not mean that you must go to court and prosecute. Decisions about possible prosecution are made later. Filing a sexual assault report preserves evidence and documents the incident to protect your rights. You are involved in all decisions about proceeding with criminal charges. By Massachusetts state law, your name on all sexual assault reports is kept confidential and will not be released without your permission.

DEFINITIONS

SEXUAL ASSAULT AND RAPE  Sexual assault is forced, manipulated, or coerced sexual activity. When any person engages in sexual activity to which they do not or cannot consent, that situation fits the definition of sexual assault. Rape is one form of sexual assault. Rape is defined in Massachusetts as the penetration of any bodily orifice without consent and with force or threat of force. Penetration can be with fingers, objects, or penis to the vagina, mouth, or anus.

CONSENT  Consent can be defined in many different ways. However, most definitions have these elements in common: Consent is informed, freely and actively given, mutually understandable words or actions, which indicate a willingness to engage in mutually agreed upon sexual activity.

Consent cannot be given in situations involving coercion, threats, intimidation, or physical force. It cannot be given if a person is mentally or physically incapacitated or impaired so that they cannot understand the fact, nature, or extent of the sexual situation. This includes conditions due to alcohol or drug consumption, or being asleep or unconscious, or being mentally incompetent.

For further information on consent, visit the Everywoman’s Center Web site at www.umass.edu/ewc/programs/eal/consent/.
This guide was developed by the Mount Holyoke College Violence Prevention Committee.

Mount Holyoke College complies with the Federal Higher Education Amendments of 1992 (Public Law 102-325) and 1998, which contain provisions requiring colleges to develop and disseminate sexual assault policies.

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08/06

Five College Sexual Assault Emergency Resources

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<thead>
<tr>
<th>COLLEGE</th>
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<th>HEALTH SVCS.</th>
<th>24 HR. HOTLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amherst</td>
<td>x2111 or 542-2111 cell</td>
<td>542-2266</td>
<td>542-7916</td>
</tr>
<tr>
<td>Hampshire</td>
<td>x5555 or 559-5555 cell</td>
<td>559-5458</td>
<td>559-5424 (ask for C/A)</td>
</tr>
<tr>
<td>Mt. Holyoke</td>
<td>1-911 or 538-2304 cell</td>
<td>538-2242</td>
<td>N/A</td>
</tr>
<tr>
<td>Smith</td>
<td>x800 or 585-2499 cell</td>
<td>585-2813</td>
<td>N/A</td>
</tr>
<tr>
<td>UMass</td>
<td>911 or 545-3111 cell</td>
<td>577-5000 (ask for SANE)</td>
<td>545-0800 EWC 545-2677 Police</td>
</tr>
</tbody>
</table>
Mount Holyoke Sexual Assault Emergency Resources

**PUBLIC SAFETY**
- 1-911 on campus or 413-538-2304 or x2304

**HEALTH CENTER**
- 413-538-2242 or x2242

**COUNSELING SERVICE**
- 413-538-2037 or x2037

**RESIDENTIAL LIFE**
- 413-538-2088 or x2088

**LOCAL POLICE AND EMERGENCY SERVICES**
- 911 off campus

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